

Thank you for watching *The Story of Plastic*. There are many meaningful ways in which we can tackle the problems associated with plastic and make a positive difference, while staying healthy and safe in Alert Level 2.

Here are some steps you can take:

- **Volunteer** for your local Our Seas Our Future (OSOF) group or join OSOF activities! We have a range of roles to suit your background and experience. Check out: [role vacancies \(https://www.osof.org/index.php/join-our-team/\)](https://www.osof.org/index.php/join-our-team/)
 - [Auckland Volunteer Group](#)
 - [Hawke's Bay Volunteer Group](#)
 - [Wellington Volunteer Group](#)
 - [Christchurch Volunteer Group](#)
 - [Dunedin Volunteer Group](#)

 - **Use less plastic!** You may have noticed less litter on our streets during lockdown. As we resume our daily activities, keep this beautiful picture in mind. We have a unique opportunity to build a healthy future without litter. The best way to reduce the amount of rubbish is to prevent waste in the first place! That means saying no to unnecessary single-use plastic such as straws or plastic bottles, takeaway containers, single-use plastic bags and more.

 - **Raise awareness and educate** your family and peers about plastic pollution and litter by supporting OSOF campaigns.
 - [Plastic Free New Zealand](#)
 - [Plastic Free New Zealand Discussion page](#)
 - [No Butts](#)
 - [Straw Free September](#)

 - **Organise your own local clean-up event!** Clean-ups allow us to protect the environment and our precious marine life for future generations. If you wish to organise your own clean-up, make sure you take safety precautions and adhere to [Ministry of Health](#) guidelines. Your health and safety is most important, so practise social distancing and sanitary awareness! OSOF have reusable bags that can be permanently loaned out to community groups, families and businesses. We are also happy to publicise your clean-ups on social media.
-